## Are you a "face" of influenza?

(More than 2 out of every 3 people reading this are — get immunized.<sup>1</sup>)

Come and meet Kristi Yamaguchi, Olympic Gold Medalist, at the Detroit Skating Club (888 Denison Ct., Bloomfield Hills) on December 11 at 10 a.m. for a *Faces of Influenza* autograph and to learn about influenza immunization.

Kristi will be joined by LaShell Griffin, singer and mother of five, along with Karen Newman, the "Voice of the Detroit Red Wings."

Influenza immunizations will be offered to people 6 months of age and older for \$25 from 10 a.m. to 4 p.m.

Influenza is not the common cold. It's serious. There are many "faces" of influenza.

## In fact, annual influenza vaccination is recommended for more than 2 out of every 3 people.<sup>1</sup>

Influenza vaccine is safe and effective and annual vaccination is the best way for people to protect themselves and their loved ones against influenza and its complications. Immunization is particularly important for people with chronic medical conditions, such as asthma, chronic obstructive pulmonary disease (COPD), heart disease, weakened immune system, diabetes and others.

To learn more about the event, please call the American Lung Association of Michigan at 248-784-2000. For more information about the American Lung Association's *Faces of Influenza* program, visit our Web site www.facesofinfluenza.org.







Faces of Influenza: Pictured are Olympic Gold Medalist Kristi Yamaguchi (left) and local Detroit singers LaShell Griffin (top right) and Karen Newman (bottom right), who will all be at the Detroit Skating Club from 10 a.m. to 12 p.m on Tuesday, December 11.

Organizations which have joined the Faces of Influenza campaign:

Barbara Ann Karmanos Cancer Institute • Detroit Urban League Michigan Department of Community Health Molina Healthcare • Oakwood Healthcare Systems Visiting Nurses Association of Southeast Michigan





www.facesofinfluenza.org

## Reference

1. Centers for Disease Control and Prevention (CDC). Prevention and Control of Influenza: recommendations of the Advisory Committee on Immunization Practices (ACIP), 2007. MMWR. 2007;56(RR-6):1-60.